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HENRY BAKER COLLEGE MELUKAVU

National Service Scheme

> ACADEMIC YEAR

2020-21

FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu Is a Christian, Minority, Co-Educational, Governmentaided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

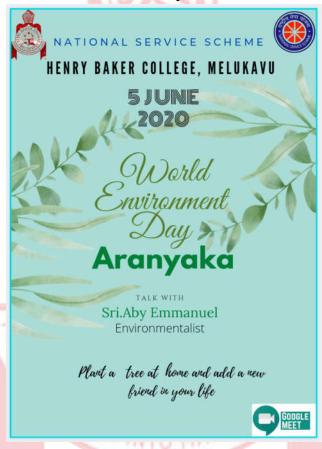
ACTIVITY REPORT OF THE NATIONAL SERVICE SCHEME, Unit no. 54

Academic Year 2020-21

Programme Officers: Sri. Justin Jose, Assistant Professor, Department of Commerce

Smt. Ansa Andrews, Assistant Professor, Department of English

1. June 5 2020: World Environment Day



"Aranyaka:" A Webinar was organised by National Service Scheme of Henry Baker College on 5th June 2020 as part of the World Environment Day. Principal Dr. Gireesh Kumar G.S delivered the environmental day message to the students. He highlighted the importance of initiating public action to protect nature and the mother Earth. Environmentalist Sri. Eby Emmanuel was the Resource person. He emphasized the significance of of everyone's active participation in environmental conservation and sustainable living.

2. World Environment Day Special Programme: "Plant a Tree and Add a New Friend Challenge"

The NSS unit of our College enthusiastically celebrated the World Environment Day of this year by organising "Plant a Tree and Add a New Friend Challenge." The challenge was open to the public. The participants were directed to plant a sapling in their home premises and share the photograph. Principal Dr. Gireesh Kumar G.S, inaugurated the programme by planting a sapling of the Njaval (Syzygium cumini) in the campus. For encouraging people to plant saplings and grow more trees, each participants were given a sapling as the prize.





3. June 14: World Blood Donor Day





Every drop of blood is a gift of life.

WORLD BLOOD DONOR DAY 2020

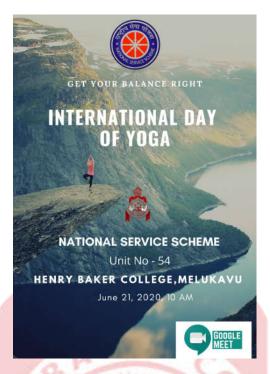
National Service Scheme Unit No - 54

HENRY BAKER COLLEGE, MELUKAVU

Register in the blood donors directory https://forms.gle/XUq8ficTeucSnCym9

On June 14 2020, the NSS Unit of Henry Baker College, initiated a new venture: Blood Donor's Directory. It provides information about the students who want to donate blood to the needy people. A google form was given to the interested students to fill in the details.

4. June 21, 2020: International Day of Yoga



National Service Scheme (Unit No. 54) of our college commemorated the International Day of Yoga by organizing a Webinar "Get Your Balance Right" on June 21, 2020. Yogaacharya Krishna Das Chinnappan was the resource person. Recognising the significance of **yoga** in curing the depression and anxiety caused by the COVID-19 pandemic, he shared some exercises, breathing and meditation practices. 50 participants attended the webinar.

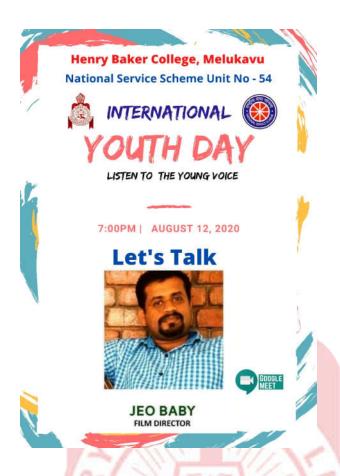
5. June 26, 2020: International Day against Drug Abuse and Illicit Trafficking

International Day against Drug Abuse and Illicit Trafficking was observed on Friday, 26 June 2020. The day was established by the United Nations General Assembly in 1987 to help in the creation of an international society free of drug abuse. Our NSS Units observed it by circulating posters against Drug Abuse. Posters were circulated by posting it in WhatsApp groups and the facebook page of Henry Baker College – NSS.



6. 12 August 2020: International Youth Day

International Youth Day (IYD) is an awareness day designated by the United Nations. The purpose of this day is to draw attention to a given set of cultural and legal issues surrounding youth. As part of observing it, the NSS Unit of Henry Baker College conducted a special programme for the students and the teachers: "Lets Listen to the Young Voice- Talk with the Director."Sri. Jeo Baby, who is a writer, musician and film director working in Malayalam film industry was the chief guest. He is the director of Randu Pennkuttikal, Kunju Daivam and Kilometers and Kilometers.Principal Dr.Gireesh Kumar G.S, in his message stated the importance of youth engagement for global action. The programme winded up with an active discussion among the participants and the chief guest on various matters.



7. August 15: Independence Day Celebrations

The Independence Day of India, which we celebrate on every 15 th of August, holds tremendous ground in the list of national days. It reminds every Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism for more than 200 years. This year also NSS Unit of Henry Baker College celebrated Independence day. Sri. Jenipher Carlos Hosanna deliverd the Independence Day message and commemorated the events and struggles. Poster Making (Theme- Salute India) and Photography competition (Tri Colour) were also conducted.

1. Flag Hoisting

Flag Hoisted by Ansa Andrews, NSS Officer Independence Day Message by Jennipher Carlous Hossanna, Department of Commerce



- 2. Poster making Competition
- 3. Photography Competition





8. Online Onam Celebration

Online Onam Celebration was conducted by the National Service Scheme from 25 August 2020 to 30 August 2020. Various programmes like online selfie contest, Atthapukkalam, KeralaSreeman, Malayala Manka etc were also conducted . There were separate competitions for teachers and students . Prizes were announced by the principal and distributed accordingly.











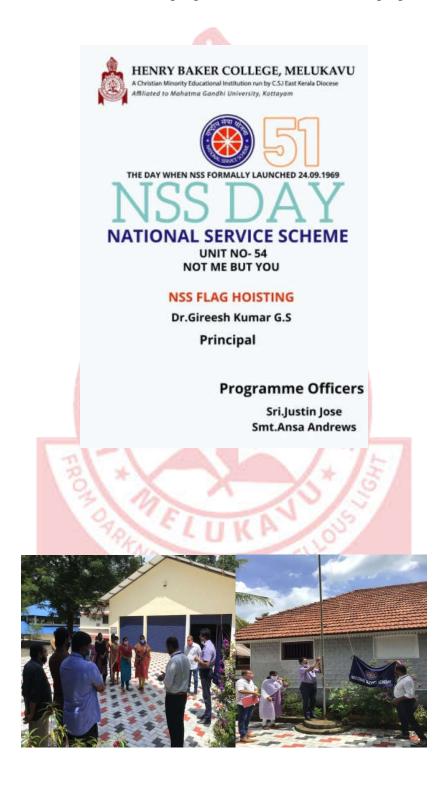






9. National Service Scheme Day

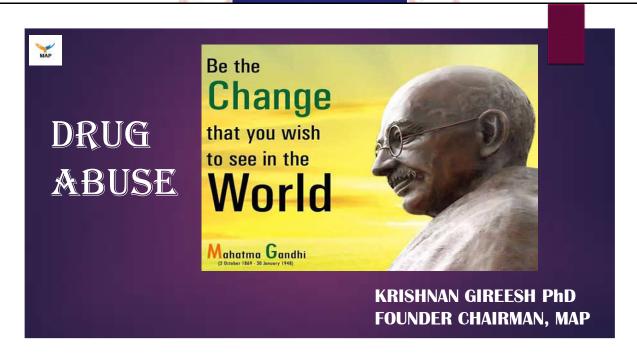
NSS day was celebrated on 24th September 2020. Sri.Justin Jose, NSS Programme Officer welcomed the gathering. Dr.Gireesh Kumar G.S, Principal of the college hoisted the flag and deliverd the NSS Day message. All the staff members attended the programme. Smt. Ansa Andrews proposed the vote of thanks.



10. Gandhi Jayanthi

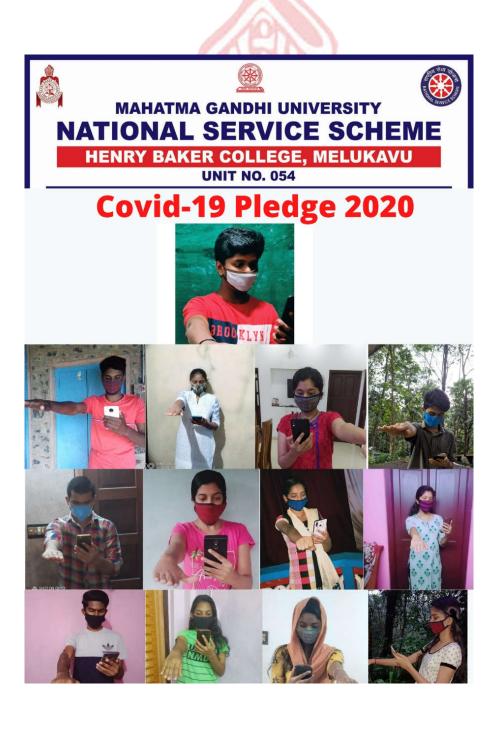
In association with the Lions Club of Erattupetta ,NSS unit of Henry Baker College organized a Youth Empowerment Programme on the topic Drug Addiction Among Youth, as part of Gandhi Jayanthi celebration. Dr.Gireesh Kumar G.S deliverd the presidential address. Dr.K Gireesh (Psychologist) was the resource person. He discussed in detail about the menace of drug addiction among the youth and its underlying causes, its impacts and possible solutions. Smt. Ansa Andrews proposed the vote of thanks.





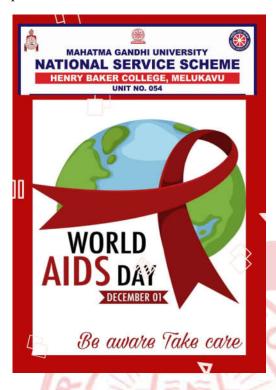
11. COVID 19 Pledge

The NSS unit members took a Pledge against the spreading of COVID 19 was taken on 8th October 2020. A commitment was made by the students regarding the prevention of the spread of COVID 19 by assuring themselves to take all necessary precautions that prevent the deadly virus. They vowed to wear mask, maintain minimum distance of six feet from others and wash hands frequently with soap and water.



12. World Aids Day

As part of the Worlds Aids Day, the NSS unit of our college circulated posters in various social media inorder to raise awarenss against the spread of HIV.



13. Institutional Vegetable Garden

For promoting healthy agricultural practices, a 100 **squaremetre** rain shelter was constructed in the college. The financial and technical support were provided by Krishi Bhavan Melukavu. Students actively participated in land preparation and farming.





14. Orientation Programme for new volunteers

A Webinar was conducted for the newly selected NSS volunteers on 06.11.2020 at 3pm .The resource person of the orientation programme was Sri Sheril Jacob (HSST,English) Father Joseph Memorial Higher Secondary School, who won the best programme officer award for the year 2019-2020. He interacted with the students regarding the valuable services of NSS.





15. Seven Day Special Camp (Youth for Prevention and Mitigation of Covid-19)

20 - 15



The National Service Scheme Special Camp for the Academic Year 2020-2021 was conducted online from 07.01.2021 to 14 .01.2021. The inaugural function was welcomed by Sri. Justin Jose, NSS

Programme Officer of the college. The meeting was presided over by Dr. Santo Jose, IQAC coordinator. The online camp was inaugurated by Dr. G S Gireesh Kumar, Principal of the College and in his inaugural address he highlighted the importance of NSS and its services for instilling service mentality among the students. The felicitations were delivered by Sri. Jennipher Carlos Hossanna, Joint- IQAC Coordinator and Smt. Ansa Andrews, NSS Programme Officer. The inaugural function was concluded by the vote of thanks by Anandhu Babu, Volunteer Secretary. The Session 1 started with Orientation programme by Sri. Tom Jose, (HSST, At.Marys HSS Arakkulam) who won the award for the Best Programme Officer, Idukki District 2019-20. In his address he enlightened the students about the duties and responsibilities of the NSS volunteers. He also provided a short glimpse on the history of NSS and its services. After the session, Cultural Programmes (virtual mode) were also conducted.

The session for day 2 started with Yoga at 7am. The first activity for the camp was (oushadhamuttam) to plant a medicinal herb in the courtyard. The keynote speaker of the day was Dr. Jibin Mathew, Assistant Professor on contract in History, Henry Baker College, Melukavu. He talked on the topic "Positivity in Everyday Life". The activity for Day 3 was "SALT & PEPPER: Dishes that speak- to prepare food for the family. Session 1 of the day was taken by Sri. Jyothis S (Govt HSST, Panikkankudy). He deliverd a lecture on "Sukuthakumari Teacher Oru Orma". The Resourse person for Session 2 was Sri. Anish Thanikal (HOD, Department of Vocational Studies, Henry Baker College, Melukavu). He addressed the students on the topic COVID and People.

The activity for Day 4 was "Green your Home" collect littered plastics from the home premises. Session one was taken by Dr.Janeesh J (Govt Ayurveda College, Tripunithura) on the topic 'Preparing for COVID-19 Resurgencies'. Sri Gokul C Dileep (Best NSS volunteer 2018-2019 MG University shared his experiences in Session 2. He enlightend the students to become a good NSS volunteer. The activity for Day 5 was "A Coin a Day- Start saving money for goodness". Session 1 was taken by Dr. Arish John Andrews on the topic "Make Yourself Special by Mentoring a Special Child". He elaborated on the role of the youth in mentoring special kids who need special care in the society. Sri Eby Emmanuel, environmentalist interacted with the students on the topic "Environment Awareness." He appreciated the students for collecting the litterd plastics from home premises and planting medicinal herbs.

The activity for Day 6 was "Nature the DX Healer"- to list out the plants and trees from the house premises and identify their medicinal values. Smt.Angela Cyriac, Agricultural Officer, Njarakkal Krishi

Bhavan was the resource person for session-1. She deliverd a lecture on Homestead Vegetable Cultivation. Students raised their doubts and got their doubts cleared. Smt. Lakshmi S Dharan, Assistant Professor, Dept of Chemistry who won the award for the best programme officer Kerala University 2019-2020, was the Resource Person for the second session. She shared her life experience and experiences as an NSS Programme Officer to the students.

The activity for the day seven was Homested vegetable gardening. The Resource Person for the day was Dr. Josemon P George (Govt Medical College, Idukki). He deliverd a lecture on mitigation of COVID-19. He highlighted the protective measures to reduce the chances of contracting COVID 19. He also enlightend the students about some symptoms of COVID and provided some tips for reducing severe illness. The chief guest for the valedictory function was Dr. Cyriac Jose (Senate Member MGU, Assistant Professor, St. Thomas College, Pala).







16. Job Orientation Skill Development Programme

Job Orinted Skill Development Training Programme was conducted in association with the Gram Vikas Society Agro Service Centre, on 21.01.2021 at Henry Baker College Melukavumattom. An exhibition and demonstation of Modern Agricultural Equipments were also conducted.



നൈപുണ്യ വികസന തൊഴിൽ പരിശിലന പരിപാടി

2021 ജനുവരി 21 വ്യാഴം

എച്ച്.ബി. കോളേജ് ക്യാംപസ്, മേലുകാവുമറ്റം

H.B COLLEGE, NSS UNIT H.B.C, GRAMA VIKAS SOCIETY, AGRO SERVICE CENTRE (DPT. OF AGRICULTURE), GREEN VALLEY ORGANIC SOCIETY

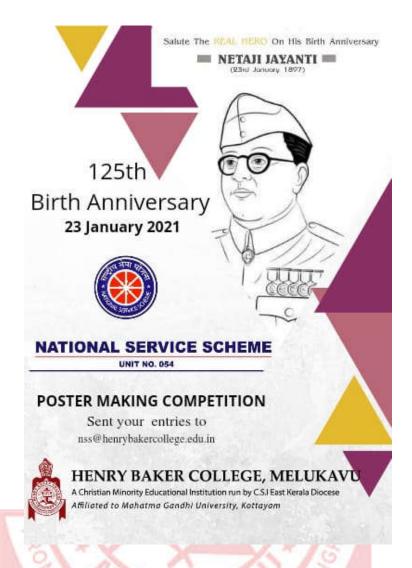






17. Netaji Jayanthi Celebrations

A Poster making competition was organized in association with the 125th Birth Anniversary of Subhash Chandra Bose on 23rd January 2021.



18. Republic Day Celebrations

On 26th January 2020 Dr. G S Gireesh Kumar, Principal of our college hoisted the flag and delivered Republic Day message.



19. House Construction at Olamattom(06.02.2021)

Our NSS unit helped to construct a house for a student belonging to the Schedule Tribe. She bagged I Rank in B Sc in M G University Examinations. She studied in Newman College, Thodupuzha. The house was sponsored by Dr. Stephen Cheriyil, Associate Professor, Department of Botany, Newman College, Thodupuzha.





19. Cyber Security and Youth

The NSS unit organised an awareness programme on 'Cyber Security and Youth' in collaboration with Janamaithri Police Station, Melukavu on 5th March 2021. Sri. Rajesh Manimala (ASI DCRB' Kottayam) was the speaker of the programme.100 students participated in the programme. He gave a ppt presentation on Cyber-crimes, explaining different cyber terms and their meanings citing examples. He explained how the youths become the victims of cyber crimes which is increasing day by day. He explained the terms like sextortion, reverse image, dark web etc. The speaker also discussed about preventive measures of cyber-crimes. He also informed the participants regarding National Cyber Crime Bureo and its helpline number. The participants interacted with the speaker and asked questions on dark web and hacking problems. The resource person answered all the questions explaining how those problems can be p





HENRY BAKER COLLEGE, MELUKAVU

In Association with

Janamaithry Police Station, Melukavu

Organizes a Seminar on

CYBER SECURITY AND YOUTH

05.03.2020, 10.30 am

Venue: College Seminar Hall

Programme

Prayer: College Choir

Welcome: Sri. Ajayakumar M.N (Senior Civil Police Officer and

Janamaithry Beat Officer, Police Station Melukavu)

Presidential Address: Dr. Gireesh Kumar G.S (Principal)

Inauguration: Sri. Shibu Pappachen (IPSHO Melukavu Police Station)

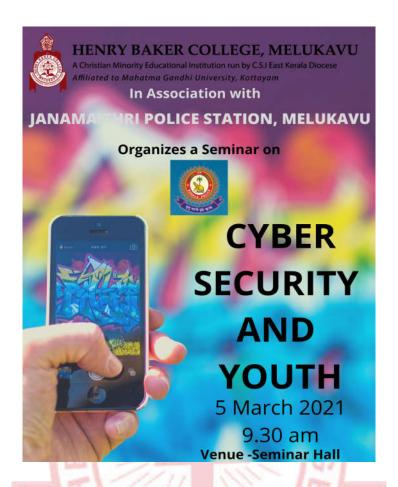
Felicitation: Rev. Biju Joseph (College Bursar)

Sri. Sarasijan (Sub Inspector of Police & Assistant Nodal

Officer, Melukavu Police Station

Seminar Presentation: Sri. Rajesh Manimala (ASI DCRB Kottayam)

Vote of Thanks: Sri.Justin Jose (NSS Programme Officer)



20. Blood Donation Camp Report, 18 March 2021

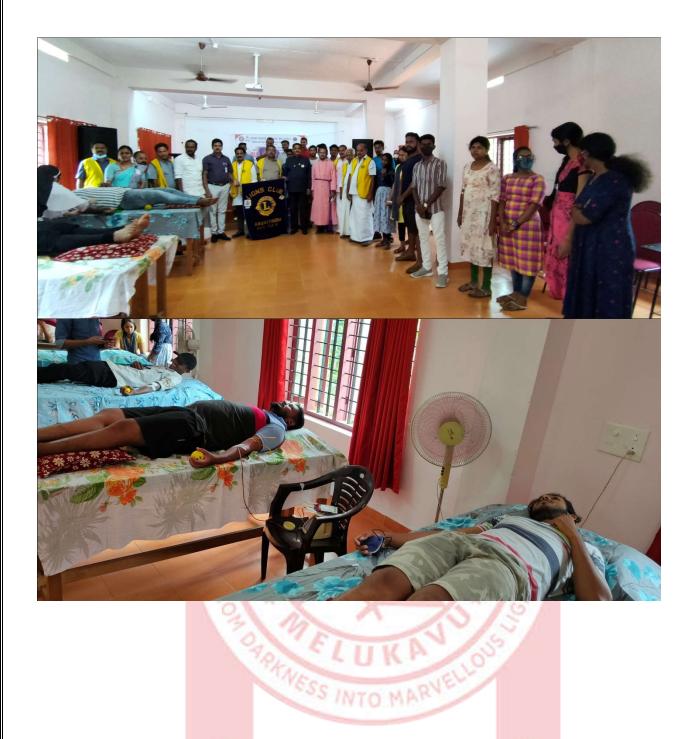
The NSS unit of Henry Baker College, Melukavu organized a Blood Donation Camp in association with Lions Club Of Aruvithura, on 18th March 2021. The inaugural function started at 10.00 am. Ln. Sibi Plathottam welcomed the gathering. Principal Dr.Gireesh Kumar G.S presided over the meeting. Rt. Rev V.S Francis, Manager of our college inaugurated the Blood Donation Camp. MJF Ln.K J Thomas, IPS deliverd the key note address. He highlighted the services of Lions Club to the society with regard to the Blood donation and Eye Transplantation camps. Ln. Shibu Thekkemattom, President Pala Blood Forum inspired our students with his blood donation message. Dr.Ansa Andrews proposed the vote of thanks. 44 volunteers came forward to donate blood during the camp which included the teaching & non-teaching staff, students, members of CSI East Kerala Youth Movement, Members of Rainbow Arts and Sports Club, Students from PSC coaching classes, and members of Caily Winners Volleyball team. 42

units of Blood was collected. The blood donors were given softdrinks and snacks after donating the blood in order to energize themselves. The blood donors were provided with a blood donation certificate card by Pala Blood Forum.

The programme was a grand success. The NSS Programme Officers were assisted by Sri.Jithin Thomas Abraham (Department Of Physical Education).Sri Boban Joseph (Department of English) and NSS volunteers.











Henry Baker College, Melukavu

Blood Donation Camp

Sponsored by Lions Club of Aruvithura

In Association with

National Service Scheme Unit No-54

Venue: College Auditorium Programme Date: 18.03.2021, 9.30 am

Silent Prayer

Welcome Speech : Ln.Siby Mathew Plathottam (District Co-ordinator)

Presidential Address : **Dr.Gireesh Kumar G.S** (Principal)

Inauguration : Rt.Rev.V.S Francis

(Bishop, CSI East Kerala Diocese)

Keynote Address : MJF. Lion K.J Thomas IPS (Rtd.) II VDG

Blood Donation Message : Lion. Shibu Thekkemattom (Pala Blood Forum)

: Lion. Sebastian Kuttiyani (President, Lions Club of Aruvithura)

Vote of Thanks : Dr. Ansa Andrews (NSS Programme Officer)

National Anthem

21 HBC SEED PENS

As part of the Green Initiatives of NSS Unit of our college, seed pens made of paper were distributed among the teachers and students on 19.03.2021. These pens consists of a refill which is rolled up in seed paper. The pens contain seeds of vegetable and trees. After the usage it can disposed in the garden. This eco friendly plantable seed pens will reduce the plastic consumption and it is bio-degradable as the plastic pens cannot be easily recycled unlike papers. The seed will sprout from the bottom of the pen. These pen bring about environmental awareness and contribute towards a sustainable future.





22.Our region had been lashed with heavy rainfall and strom on 28.03.2021

Our college campus was also hit by the thunderstorm, some of the large trees in the campus and premises were uprooted and caused heavy damage to the buildings and property. College infrastructure including the mounted solar panels were also damaged. Emergency restoration operations were immediately initiated by the NSS Units of college under the leadership of NSS programme officers.



23.SVEEP PROGRAMME (29.03.2021)

Our NSS unit actively participated in the Systematic Voters' Education and Electoral Participation programme -SVEEP which was the flagship programme of the Election Commission of India for voter education. The prime goal of this programme was to build a truly participative democracy in India by encouraging all eligible citizens to vote and make an informed decision during the elections.

The programme is based on multiple general as well as targeted interventions which were designed according to the socio-economic, cultural and demographic profile of the state as well as the history of electoral participation in previous rounds of elections and learning thereof. Under the leadership of Sri. Ashok Alex, Nodal Officer SVEEP Kottayam, and NSS programme officers, ten NSS volunteers of our college actively participated in the programme for 5 days from 29.03.2021 onwards. The students encouraged the eligible citizens of Melukavu panchayath to vote especially the voters of the Booth Nos. 42 and 39, which recorded the lowest polling percentage, about the value of voting. They gave awareness to the targeted population about voter registration, electoral registration, electoral process, EVM/VVPAT and ethical voting, etc. They distributed notices, booklets, masks and sanitizers provided by the Election Commission of India. They also, equipped the electors with basic knowledge relating to the electoral process. Sri. Jithin Abraham, (Dept of Physical Education) Sri, George Thomas P V (Dept of Commerce) and Sri. Boban Joseph (Dept of English) provided necessary support for the programme to make it a success.

As, the voter awareness and voter turn out increased in the targeted area, our College received a letter of appreciation from District Collector and District Magistrate on 09.07.2021.







M. ANJANA IAS
DISTRICT COLLECTOR &
DISTRICT MAGISTRATE
KOTTAYAM

e-mail: dcktm.ker@nic.in

No. E1 - 5587/2020

Date:09.07.2021......

LETTER OF APPRECIATION

We appreciate the Principal and NSS Unit of **Henry Baker College, Melukavu** for associating with District Election Authorities to increase the voter awareness and voter turnout in Kottayam District under the Systematic Voters Education and Electoral Participation (SVEEP) during the Kerala Legislative Assembly Election 2021.



M Anjana IAS
DISTRICT COLLECTOR
KOTTAYAM

VOLUNTEERS PARTICIPATED IN THE SVEEP PROGRAMME ON 29.03.2021

Sl No	Name	Class
1.	Albin Binu	III -B.Com
2.	Robin Ninan	III-B.Com
3.	Vijay P Biju	III-B.Com
4.	Anandhakrishnan M	III-B.Com
5.	Ancelet V Sam	III-B.Com
6	Bibin Rajesh	II-B.Com
7.	Saneehsa Sabu	III BA History
8.	Suryadevi M Madhu	III BA English
9.	Cyril Johnson	II BA English
10	Ajayakumar P Aji	II-B.A History
11	Jinu Jose	I B.Com
12	Anand Johney	I-B.Com
13	Jinu K.C	I-B.Com

Report prepared by,

Sri. Justin Jose & Smt. Ansa Andrews (NSS Programme Officers)